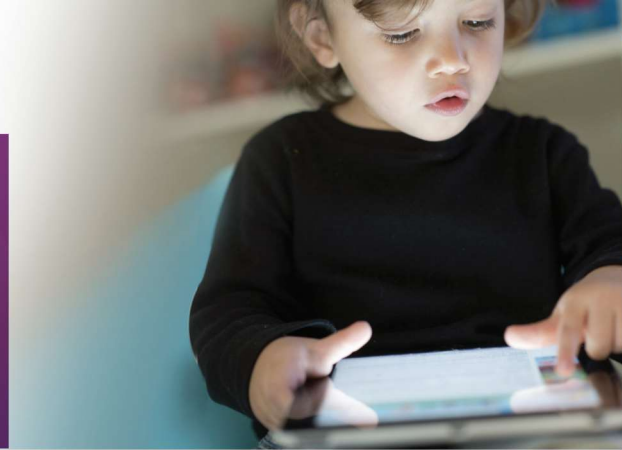




Staying Connected

Keeping in touch with those you care about is just a click away. Social networks and other communication tools make it easy for you to stay connected with family and friends.



Type	Name of App, Website, or Device	Description
Voice Calls, Video Calls, and Virtual Meetings 	Amazon Echo Show	Combines the voice-enabled assistant of a smart speaker with a touchscreen display for watching videos, scrolling through pictures, and making video calls. Offers capability to remotely check-in on aging or ill family and friends.
	Facebook Messenger	Just like texting on your smartphone, plus voice and video call capabilities
	Facebook Messenger Rooms	Facebook users can create a video chat room and invite up to 50 people to join a video call. There's no time limits on calls.
	FaceTime	Make video calls between Apple devices that have a screen
	Skype	Instant messaging, voice, or video calls—all for free, on any device
	WhatsApp	Send and receive messages, calls, photos, videos, documents, and voice messages
	Zoom	Meet virtually with others via video meetings. There's a free version, but it has a 40-minute time limit.
Connect With Others 	Facebook	Connect with friends, family and other people you know. Share photos and videos, send messages, get updates and play games.
	Instagram	Share your photos and videos, and keep up with your friends and interests
	LinkedIn	Build and nurture your professional network, stay updated on the latest business and industry news, and find your next dream job
	OurTime	The largest dating network for singles over 50
	Stitch	Companionship, activities, events, travel, and more for anyone over 50
	Meetup	Choose what you're into. Meet people in your area who share your passion. Get together—either in-person or virtually.